

Introduction to Rutland

Rutland is a county characterised by several factors: its size and rurality, its unique cultural heritage and diverse communities.

The Adult Social Care Strategy sets out the priorities which will support the specific needs of people living in Rutland. We will be engaging with people who use care and support services to work out how we deliver the priorities and will be co-producing solutions. Having developed the priorities with local people and practitioners within social care, this puts us in a strong position to work together to enable more people to live their best life.

Our Corporate Strategy also sets out Rutland County Council's approach to supporting the most vulnerable groups. The priorities below contribute to the Corporate Strategy commitments to helping people within our community to fulfil their potential and to make the best use of our resources.



Rutland has a population of approximately 41,000, with 25% of our population 65+ which is higher than the national average.

We have a slightly higher proportion of men to women within our overall population, and a higher than national life expectancy overall for men and women. Approximately 6% of the population would identify as Black or Asian.



Rutland Adult Social Care supports 3.78% of the adult population with social care needs, of which the majority (75%) are older people, with many more people paying for their own care.

The number of people we support via long term services is set to grow over the next five years by 20%.

Rutland's population is set to increase to approximately 46,510 by 2041, with 9,350 being 65+ and 640 aged 90+. The priorities within the Adult Social Care Strategy take in to account this predicted demand due to an ageing population and the impact this will have on services. The priorities set the foundations for decision making for Adult Social Care within Rutland until 2028. They will act as a guide for prioritising areas for improvement and how we spend money, however also reflect areas in which we already achieve positive outcomes. This has included preventative and integrated approaches which are embedded throughout all that we do and have included initiatives such as falls prevention, early identification of health needs and proactive partnership working with care homes.

Alongside this we continue to meet the needs of all adults who approach Adult Social Care and are eligible for support including those who are moving from Children's Services to Adult Social Care and adults with physical health needs, dementia or with a learning disability and Autism through personalised, strength based support.